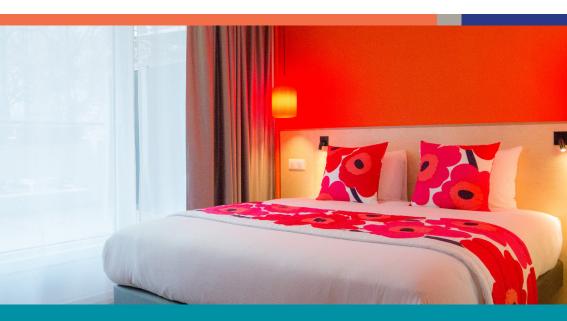
# LaRegence



# Guest Book

English



Please have a look at our Guest Book that outlines practical information aimed to make your stay with us confortable & enjoyable.

Telephone : +33 (0)1 47 88 06 98 To contact the Reception desk, dial 9 FAXES : +33 (0)1 47 89 48 27 We offer a free fax reception a/o transmission service, available at the Reception desk. reservation@hotel-laregence.fr www.hotel-laregence.fr

Emergency calls : dial 0, after the tone dial the emergency telephone number : HEALTH CARE/SAMU 15 POLICE 17 FIRE BRIGADE/POMPIERS 18

Outside calls : ask the reception to open your line, then dial 0, wait for the tone and dial your number. NB : The dial pulse rate is posted on the back of your room door.



Chloé, Philippe and the entire team are happy to welcome you at the Hotel La Regence Paris La Defense and wish you a very pleasant stay.

## **GENERAL INFORMATION**

#### CHECK IN & CHECK OUT

Check in is guaranteed **from 2pm** on the day of your arrival. In case of an early arrival, we will be happy to give you a quicker access to your room as far as possible.

Your room door opens with a magnetic card. You need to insert it in the luminous box fixed on the wall of your entrance to power the lighting.

Check out is at 11am on the day of your departure.

In the event you would like to store your luggage after check out, a secured baggage checkroom is at your disposal free of charge at the reception desk.

#### WAKE-UP CALL

The Reception desk will happy to set a wake-up call at the time of your choice.

#### INTERNET

Free & unlimited HSIA/WIFI available throughout the hotel Internet network : REGENCE\_OPEN Password given by the Reception desk at time of check-in.

#### TELEVISION

- Channels TNT, Canal+ et BeIN SPORTS
- Channels in English, German & Spanish
- Adult channel with parental control code
  NP : all the channels available are listed page

NB : all the channels available are listed page 6.

#### NEWS

The daily French news paper "Les Echos" is available every morning at the Reception desk.

You can also follow the daily "20 minutes" global news, BLOOMBERG, CNN, BBC & other international news channels on the guest computer located in the living room.

#### BREAKFAST

Our « full breakfast » buffet is served from **7am to 10am** in the breakfast room only.



#### DINING OUT

Our hotel doesn't have a restaurant, but we will be happy to help you to find one that suits best. If you are looking for a nearby restaurant, we can also show you the menus of our neighborhood's following restaurants :

- Le Tournesol, gourmet restaurant
- Le Brantôme, traditional & brasserie restaurant
- Piccolino, Italian cuisine
- Alfred's Café, wine bar, burgers & tapas
- *Le Timgad*, serving oriental cuisine, and further away but open Sunday evening,

• *The Italian Trattoria D'Angelo*, managed by an Italian family, is just across the street.

# **HOTEL SERVICES & FACILITIES**



#### Taxi reservation :

- Meter Taxi G7 advance reservation a/o immediate request
- Fixed-price Taxi service upon a 24h advance booking.

# Private Toll Parking depending on availability (Reservation recommended).

Umbrellas available (20 € deposit).

## **GUEST ROOM FEATURES**

- Non smoking room
- Safe
- free WIFI
- Flat screen TV
- Telephone
- Central heating
- Dyson AM08 fan
- Complimentary courtesy tray : water kettle with a choice of tea, coffee, tisane bags & mineral water
- Cash mini-bar : sodas & sparkling water, crackers.

The beverage price list is inside the mini-bar & at the front desk.

*NB* : Alcoholic beverages are only sold at the front desk.

• Adjoining private bathroom with soap dispenser, hair dryer & razor plug.

## WE WILL BE HAPPY TO PROVIDE THE FOLLOWING COMPLIMENTARY AMENITIES UPON ADVANCE REQUEST

- Baby crib
- Soap, shampoo, disposable dental & shaving kits
- Iron & mini iron board
- Additional pillow, blanket or towel
- Plug adaptor.

# **TV CHANNELS**

- 1 TF1
- 2 France 2
- 3 France 3
- 4 CANAL +
- 5 France 5
- 6 M6
- 7 ARTE
- 8 C8
- 9 W9
- **10** TMC
- 11 NT1
- **12** NRJ12
- **13** LCP
- 14 France 4
- 15 BFM TV
- **16** ITELE
- 17 C STAR
- 18 GULLI
- 19 France Ô
- 20 HD1
- 21 L'EQUIPE 21
- 22 6 TER
- 23 NUMERO 23
- 24 RMC DECOUVERTE 50 ZDF INFO
- **25** CHERIE 25
- 26 LCI

- 27 BeIN SPORTS 1 28 BeIN SPORTS 2
- 29 BeIN SPORTS 3
- **30** BFM PARIS
- 31 CANAL 31
- 32 IDF 1
- 33 France 24
- 34 France INFO
- **35 BARKER COLLECTIVITES**
- 36 XXI
- **37** CANAL + CINEMA
- **38** CANAL + SERIES
- **39** CANAL + SPORTS
- 40 BBC WORLD
- **41** BLOOMBERG EUROPE TV
- 42 DW
- 43 CNN INT
- **44** AL JAZEERA ENGLISH
- 45 CNBC EUROPE
- 46 CANAL 24 HORAS
- **47** TVE INT EUROPE
- 48 3SAT
- 49 ZDF
- 51 ZDF NEO
- 52 DW ARABIA 2



