

# LaRegence

hotel



## Guest Book

English



Please have a look at our Guest Book that outlines practical information aimed to make your stay with us comfortable & enjoyable.

**Telephone** : +33 (0)1 47 88 06 98  
**To contact the Reception desk, dial 9**

**FAXES** : +33 (0)1 47 89 48 27

*We offer a free fax reception a/o transmission service, available at the Reception desk.*

**[reservation@hotel-laregence.fr](mailto:reservation@hotel-laregence.fr)**

**[www.hotel-laregence.fr](http://www.hotel-laregence.fr)**

**Emergency calls** : dial 0, after the tone dial the emergency telephone number :

**HEALTH CARE/SAMU 15   POLICE 17   FIRE BRIGADE/POMPIERS 18**

**Outside calls** : ask the reception to open your line, then dial 0, wait for the tone and dial your number.

*NB : The dial pulse rate is posted on the back of your room door.*



*Chloé, Philippe and the entire team are happy  
to welcome you at the Hotel La Regence  
Paris La Defense  
and wish you a very pleasant stay.*

## GENERAL INFORMATION

### CHECK IN & CHECK OUT

Check in is guaranteed **from 2pm** on the day of your arrival. In case of an early arrival, we will be happy to give you a quicker access to your room as far as possible.

Your room door opens with a magnetic card. You need to insert it in the luminous box fixed on the wall of your entrance to power the lighting.

Check out is **at 11am on the day of your departure.**

In the event you would like to store your luggage after check out, a secured baggage checkroom is at your disposal free of charge at the reception desk.

### WAKE-UP CALL

The Reception desk will happy to set a wake-up call at the time of your choice.

### INTERNET

Free & unlimited HSIA/WIFI available throughout the hotel

Internet network : REGENCE\_OPEN

Password given by the Reception desk at time of check-in.

## TELEVISION

- Channels TNT, Canal+ et BeIN SPORTS
- Channels in English, German & Spanish
- Adult channel with parental control code

*NB : all the channels available are listed page 6.*

## NEWS

The daily French news paper "Les Echos" is available every morning at the Reception desk.

You can also follow the daily "20 minutes" global news, BLOOMBERG, CNN, BBC & other international news channels on the guest computer located in the living room.

## BREAKFAST

Our « full breakfast » buffet is served from **7am to 10am** in the breakfast room only.



## DINING OUT

Our hotel doesn't have a restaurant, but we will be happy to help you to find one that suits best. If you are looking for a nearby restaurant, we can also show you the menus of our neighborhood's following restaurants :

- *Le Tournesol*, gourmet restaurant
- *Le Brantôme*, traditional & brasserie restaurant
- *Piccolino*, Italian cuisine
- *Alfred's Café*, wine bar, burgers & tapas
- *Le Timgad*, serving oriental cuisine, and further away but open Sunday evening,
- *The Italian Trattoria D'Angelo*, managed by an Italian family, is just across the street.

## HOTEL SERVICES & FACILITIES

Reception  
desk  
24h/24h

Secured baggage storage room

Elevator

Bilingual  
French/English  
staff

Shoe shine  
machine near  
the living room

100 %  
non-smoking  
hotel

Guest computer  
located in the  
living room

free WIFI

### Taxi reservation :

- Meter Taxi G7 advance reservation a/o immediate request
- Fixed-price Taxi service upon a 24h advance booking.

**Private Toll Parking** depending on availability  
(Reservation recommended).

**Umbrellas** available (20 € deposit).

## GUEST ROOM FEATURES

- Non smoking room
- Safe
- free WIFI
- Flat screen TV
- Telephone
- Central heating
- Dyson AM08 fan
- Complimentary courtesy tray : water kettle with a choice of tea, coffee, tisane bags & mineral water
- Cash mini-bar : sodas & sparkling water, crackers.

The beverage price list is inside the mini-bar & at the front desk.

*NB* : Alcoholic beverages are only sold at the front desk.

- Adjoining private bathroom with soap dispenser, hair dryer & razor plug.

## WE WILL BE HAPPY TO PROVIDE THE FOLLOWING COMPLIMENTARY AMENITIES UPON ADVANCE REQUEST

- Baby crib
- Soap, shampoo, disposable dental & shaving kits
- Iron & mini iron board
- Additional pillow, blanket or towel
- Plug adaptor.

### TV CHANNELS

- |    |                |    |                      |
|----|----------------|----|----------------------|
| 1  | TF1            | 27 | BeIN SPORTS 1        |
| 2  | France 2       | 28 | BeIN SPORTS 2        |
| 3  | France 3       | 29 | BeIN SPORTS 3        |
| 4  | CANAL +        | 30 | BFM PARIS            |
| 5  | France 5       | 31 | CANAL 31             |
| 6  | M6             | 32 | IDF 1                |
| 7  | ARTE           | 33 | France 24            |
| 8  | C8             | 34 | France INFO          |
| 9  | W9             | 35 | BARKER COLLECTIVITES |
| 10 | TMC            | 36 | XXL                  |
| 11 | NT1            | 37 | CANAL + CINEMA       |
| 12 | NRJ12          | 38 | CANAL + SERIES       |
| 13 | LCP            | 39 | CANAL + SPORTS       |
| 14 | France 4       | 40 | BBC WORLD            |
| 15 | BFM TV         | 41 | BLOOMBERG EUROPE TV  |
| 16 | ITELE          | 42 | DW                   |
| 17 | C STAR         | 43 | CNN INT              |
| 18 | GULLI          | 44 | AL JAZEERA ENGLISH   |
| 19 | France Ô       | 45 | CNBC EUROPE          |
| 20 | HD1            | 46 | CANAL 24 HORAS       |
| 21 | L'EQUIPE 21    | 47 | TVE INT EUROPE       |
| 22 | 6 TER          | 48 | 3SAT                 |
| 23 | NUMERO 23      | 49 | ZDF                  |
| 24 | RMC DECOUVERTE | 50 | ZDF INFO             |
| 25 | CHERIE 25      | 51 | ZDF NEO              |
| 26 | LCI            | 52 | DW ARABIA 2          |

